

National Service Scheme, University of Delhi nominated five NSS Programme Officers from undergraduate colleges to attend Training of Trainers Programme on Engaging Youth & Adolescents in Disaster Management and Climate Change Adaptation from 30 October 2023 to 03 November 2023 at NIDM (National Institute of Disaster Management), sector-29, Rohini, Delhi-110039. It started on 30 October at 9:30 AM with around 65 Participants from 18 states. After registration and inauguration, first session was Ice breaking with self introduction was done by Dr Kumar Raka, Senior Programme Officer, CCDRR NIDM. Then from 2:00 PM-3:30 PM (after lunch) second session was taken by Dr Kumar Raka on Basic Concepts of Disaster Risk Management. He explained all terms such as Hazard, Capacity, Vulnerability, Exposure in a very nice manner. He relate all these terms with Risk management. Next session was taken by Dr Balu I, NIDM on Hazard and Vulnerability Profile of India and the region from 3:30 -5:00 PM.



On 31 October first session was taken by Dr Balu on Engaging Youth and Adolescent and their role in DRM followed by group exercise and group presentation by Dr Kumar Raka. They divided all participants in 5 groups with 13-14 participants in each group. They had conducted very interesting activity with all participants outside the conference room to explain the working during the disaster. After Lunch, session was conducted by Ms. Dolphi Ramana, consultant CRY on Overview of Global Warming and climate Change. She discussed green House effect, green house gases, 4R Principles(Reduce, Reuse, Recycle, Recover).

On 01 October, first session was taken by Dr Kumar Raka on Youth action in Mental Health Care & Psychological Support. One activity was given in the group and then one member of each group explained it.

On 02 October, there was a field trip to IIHMR, Dwarka. It was told to give presentation on the institute. My group was given the topic environmental safety and natural resources conservation Activities in the Campus. We had discussed with students from IIHMR to collect the information about the campus. On the last day, we had presented our topic. In the afternoon, there was a post training Evaluation and feedback and at the end, in the Valedictory session, certificates were distributed.











